

THE
Offline Dating
METHOD

HOW TO ATTRACT
A GREAT GUY
IN THE
Real World

CAMILLE VIRGINIA

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Welcome to your special free excerpt of *The Offline Dating Method*....

5 Rules of Engagement to Break the Ice with Any Man

Pulled from my book *The Offline Dating Method*....



"The Offline Dating Method is cleverly disguised as a dating book... but it's actually a witty manifesto on how to master the art of meaningful connection while living in a tech-obsessed culture. Readers will not only get the power to date in the real world, they'll also live a more fulfilling life."
– Sonya, client

"This book is one of the best how-to books I've ever read - and I've read hundreds. Camille's many suggestions for connecting with others can be used by anyone looking for new friends or relationships. Readers of any age will feel they are sitting down with Camille over lattes and learning about their own situations, with plenty of support and fun in the process."
– Mathilda, client

"The advice in The Offline Dating Method doesn't just improve social / dating skills, it increases overall quality of life. The book is clear, structured, easy to read, and entertaining, and the selection of tips is brilliant. I'm confident everyone will learn at least one new thing – and that one thing will be a dating game-changer."
– Varvara, advanced reader

The excerpt you're about to read is a powerful section from my book that reveals how to casually and confidently initiate a conversation with any man you desire.

Even if you're super shy or get flustered around men you're attracted to (been there!)

Because *The Offline Dating Method* is my step-by-step manual that helps you ditch the dating apps and attract a great guy in the real world – where you will...

- Discover 100's of specific + actionable tips (no vague advice)
- Follow a proven step-by-step system (no guesswork of what to do next)
- Create meaningful connections with *everyone* (men, friends, family, more)

Want all my best tips and secrets to meet a great man offline?

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(for a preview of *all* book sections, see [Guide](#) at the end of this PDF)

So who am I - and why did I write a book on how to meet men *offline*?

Hi, I'm Camille!

I'm the author of *The Offline Dating Method* and founder of Master Offline Dating, helping women across the world (in over 100 countries!) get the power to meet an amazing man in the real world.



After growing up socially awkward, I've spent more than a decade pushing past my introvertedness to master the art of in-person connection.

In the process, I saw the number of times I was asked out by men climb into the triple digits - without ever going online.

Other women kept asking for the secrets behind my dating and relationship successes, and my business *Master Offline Dating* was born!

I've been featured in dozens of international media publications, podcasts, and radio like Bustle, GrowthLab, YourTango, Thrive Global and WGN.



And now, *Five Rules of Engagement to Break the Ice with Any Man...*

Chapter II: Effortless Engagement

Discover how to talk to any man with zero risk of rejection (even if you're shy)

If You Initiate With Him...

So what happens when you want to initiate a conversation with a man? Here are the Rules of Engagement to help *you* break the ice with anyone...

The Rules of Engagement

- Rule #1: You Can Totally Initiate
- Rule #2: Choose Easy + Relatable
- Rule #3: Skip the Formalities
- Rule #4: Opportunity > Outcome
- Rule #5: Prepare For Rain

Rule #1: You Can Totally Initiate

Some women insist that the man should always make the first move – but I disagree. What if you see him but he doesn't see you yet? Or he can't read your signals that you want him to approach you?

Waiting for the man to always initiate means you'll miss a lot of opportunities, so permission granted to make the first move yourself. In this section, I'll show you how to do it without risk of rejection.

Because sometimes you just get one chance to connect with someone before they disappear forever. You don't want to walk away from a situation thinking, "I should have said something to him, what if he was meant to be in my life?" or "I should have just asked him about his Maroon 5 shirt, he was so cute!" or "We kept locking eyes from across the lobby, but I didn't know what to do next."

Avoid any painful regret by finding the courage to take action in the moment. Just make sure at some point he starts to take the lead in the conversation so it's confirmed that he's interested in you too.

Rule #2: Choose Easy + Relatable

The best icebreaker topics are simply drawn from the situation around you. People need to have instant context for the random phrase or question you just shared with them in order for them to pick up the conversation ball – so keep it clear and simple.

Use whatever is around you in the moment so it's relevant to the other person too. Here are some examples...

Day of the week

- Icebreaker: *"TGIF!"*
- Follow-up to icebreaker: *"Heck yeah! How's your Friday going?"*

Holiday

- Icebreaker: *"Happy New Year."*
- Follow-up to icebreaker: *"You too! Any resolutions for this one?"*

Weather

- Icebreaker: *"Gorgeous weather, right?"*
- Follow-up to icebreaker: *"It's awesome. Any plans to take advantage?"*

People

- Icebreaker: *"Did that guy just do a handstand against that stop sign?"*
- Follow-up to icebreaker: *"Yep, he sure did. Just keepin' it real, right?"*

Clothes / Accessories

- Icebreaker: *"Your watch is very unique, I like it."*
- Follow-up to icebreaker: *"Thanks, I just got it. I have a thing for watches, how about you?"*

Objects

- Icebreaker: *"Is that brand of bagel bites any good?"*
- Follow-up to icebreaker: *"They're delicious, the perfect mix of sweet and salty. Are you a lover of the bites too?"*

This is why I don't recommend having one universal "pre-planned" line to open every conversation because it will feel forced, likely be out of context for

most situations, and create confusion instead of a conversation.

Asking a question gives you control over which topic you start the conversation on, so choose one that you genuinely like or are curious about. For example, if it's Friday you might be thinking...

"Yay it's Friday! What am I curious about right now? Well, it's my favorite day of the week, and I have exciting plans with Aaliyah this weekend. I wonder what plans this other person has for the weekend..."

And then ask them! Using everyday topics like this will keep your investment (and thus risk of rejection) next to nothing. It also gives the other person the chance to either opt-in or opt-out of continuing the conversation.

Also, note that these topics are simply for purposes of breaking the ice – you shouldn't talk about these surface-level subjects for more than a minute or two. They simply serve as a safe way to kick off a connection in a way that's comfortable and inviting. Toward the end of this chapter, I'll show you four simple words to steer every conversation off the random icebreaker and into a more meaningful connection.

Rule #3: Skip the Formalities

When you break the ice with someone, don't make it a formal affair. Using perfectly proper language and/or a stiff tone only serves to make the conversation feel distanced and business-like.

Remember: if you wouldn't say it to your best friend,
don't say it to a stranger.

For instance, one of my clients Stephanie was headed to a blues bar with live music and wanted to practice meeting new people. She walked me through her previous attempt to engage people there, which was to sit down next to someone, introduce herself, and then... have no clue what to say next.

I pointed out that she wouldn't go through that formal introduction approach

with a friend; she'd simply turn to them and share an offhand thought or question about the band or the venue or whatever she was genuinely interested in at the moment. So I recommended she take that same approach with strangers too, and to say something like...

- *"This is my first time seeing this band live, how about you?"*
- *"What's your favorite song of theirs?"*
- *"Such a great way to spend a Friday night, right?"*

Formally introducing yourself to someone leaves the conversation without a purpose or a next direction to go in and can get uncomfortable *real quick*. Instead, make a comment or ask a question to kick things off, which gives the conversation a clear purpose and introduces a relatable topic that the other person can instantly contribute to. Then later in the conversation you can say, "By the way, I'm Camille..." and the introduction will feel like a natural part of the already-great conversation.

Rule #4: Opportunity > Outcome

"Luck is where preparation meets opportunity."

– Seneca, Roman philosopher

Another one of my clients wanted to practice talking to men, so she hit the town by herself and made an evening of it. But when we debriefed about it the next day she said, "I talked to three attractive men, but none of them asked me out. The night was a total failure."

I reminded her that a few weeks ago she had felt too shy to talk to *anyone* – let alone a man she was attracted to – so the fact that she had gone out by herself and talked to three men in one night was fantastic! The outcome didn't matter. I was so proud of her for pushing her comfort zone and finding her conversation flow; nothing about that was a failure.

You will never truly know what's going on with someone in the moment you meet them. You also can't control them or the outcome of your interaction. So release those expectations as soon as you feel them setting in.

Personally, I love to feel in control of myself and my life as much as possible.

Yet I've discovered there's incredible freedom in accepting that I can't control another person because that means I don't have to be responsible for them. How exhausting would it be if you were in charge of not only yourself but everyone else you came in contact with? Ugh, no thanks.

You can, and *should*, be prepared for random interactions by presenting your real self to the world, smiling at strangers, making eye contact, etc. But after covering those basics, it's up to the other person to determine if they want to start or continue engaging with you.

Ironically, when you release the need to control and/or achieve a specific outcome from an interaction and instead focus on simply enjoying it, *that* is often what makes a man feel comfortable and inspired to ask you out. More on how to do that in *Chapter III: Asked Out Organically*.

A simple hack to get out of your head and into the conversation is to pretend that every interaction with a man is simply "practice for the next one." This will help take your focus off trying to force a certain outcome since you're "just practicing."

Rule #5: Prepare For Rain

As you're out and about practicing your engagement skills, there may be some people who try to rain on your conversation parade. If that happens, remember their reaction is 100% about them and not about you. They don't even *know* you, so you literally can't take whatever they said personally.

Maybe you simply caught them off-guard or maybe you're the first person who's shown them kindness in a long time. Assume their less-than-optimal reaction is due to one of those reasons and be proud of yourself for giving the gift of acknowledgment to someone who probably needed it – even if you don't see the positive ways it affected them. Pretend it ended up being the highlight of their day once they finally realized what just happened.

Remember, the worst-case scenario when attempting to engage someone isn't even that bad. So what, you get a blank stare or no response from a stranger? Is that going to ruin your week? Please! No way.

And that's a wrap!

I hope you enjoyed *5 Rules of Engagement to Break the Ice with Any Man*.

But...do you know what do after you break the ice with a man?

Or how to respond when he initiates a chat with you - and keep it going?

Or the secret way to turn every casual conversation into a red-hot date?

Grab my entire step-by-step process in *The Offline Dating Method* so you can attract a great guy in the real world and get a date with him...

Chapter I: Magnetic Approachability

Master the art of approachability to attract a great man - without saying a word

- Feel more socially confident and comfortable with strangers
- No longer feel invisible around men
- Avoid fear of rejection by getting men to approach you

Chapter II: Effortless Engagement

Discover how to talk to any man with zero risk of rejection (even if you're shy)

- Talk to anyone with zero risk of rejection (seriously!)
- Feel in control of every conversation – including how to end it
- Build instant trust and rapport with everyone you meet

Chapter III: Asked Out Organically

Create instantly meaningful connections and inspire a great guy to ask you out

- How to feel energized by every conversation instead of drained
- How to quickly filter out the men who aren't right for you
- Techniques to feel instantly less lonely and more socially fulfilled

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